

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring Silver Menu 2017

caterlink
feeding the imagination

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
02-Jan	Main Spaghetti Bolognese Feta, Tomato and Spinach Quiche (made with wholemeal flour) with New Potatoes Carrots Swede Dessert Eves Pudding with Custard	Main Beef Goulash with Rice Macaroni Cheese with Tomato topping Sweet corn & Peas Fruit Yoghurt and Shortbread BBQ Chicken Pizza with Baked Potato Vegetarian Vegetarian Pasta Bolognese Coleslaw Mixed Salad Pear and Ginger Muffin Cake with Custard Turkey and Leek Pie with Creamed Potato & Gravy Lentil and Spinach Curry with Rice Cauliflower Broccoli Chocolate Oaty Square with Chocolate Sauce	Main Roast Chicken & Stuffing with Roast Potatoes and Gravy Spring Vegetable Risotto Cabbage Carrots Trifle Roast Turkey with Roast Potatoes & Gravy Vegetable Wrap with Roast Potatoes Broccoli Crushed Swede Cherry Cobbler (made with wholemeal flour) with Custard Roast (as advertised) with Roast Potatoes and Gravy Vegetarian Wellington with Roast Potatoes Shredded Cabbage Carrots Crunchy Plum and Vanilla Crumble with Custard	Main Lamb Shepherds Pie with Gravy Lentil & Sweet Potato Curry with Rice Broccoli & Cauliflower Pear and Raisin Upside down Cake with Custard Beef & Vegetable Hot Pot with Baby New Potatoes Red Pepper and Cheese Frittata with Baby New Potatoes Baked Tomatoes Sweet corn Wholemeal Banana Sponge with Custard Beef Lasagne with Garlic Slice Vegetable Goulash with Rice Roasted Vegetable Medley Carrot and Courgette Pudding with Custard	Main MSC Fishwich in a Bun With Chipped Potatoes, Tomato Sauce Veggie Hot Dog with Chipped Potatoes Grilled Tomatoes Garden Peas Iced Sponge MSC Battered Fish Chipped Potatoes, Tomato Sauce Cheese and Tomato Pizza with Chipped Potatoes Baked Beans Garden Peas Chocolate and Beetroot Brownie MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce Bean and Lentil Burger with Chipped Potatoes Baked Beans Garden Peas Apple Flapjack
23-Jan					
20-Feb					
13-Mar					
Week 2					
09-Jan	Main Sausages with Creamed Potatoes and Gravy Creamy Vegetable Pie with Mashed Potato Garden Peas Carrots Dessert Apple Crumble and Custard	Main BBQ Chicken Pizza with Baked Potato Vegetarian Vegetarian Pasta Bolognese Coleslaw Mixed Salad Pear and Ginger Muffin Cake with Custard Turkey and Leek Pie with Creamed Potato & Gravy Lentil and Spinach Curry with Rice Cauliflower Broccoli Chocolate Oaty Square with Chocolate Sauce	Main Roast Chicken & Stuffing with Roast Potatoes and Gravy Spring Vegetable Risotto Cabbage Carrots Trifle Roast Turkey with Roast Potatoes & Gravy Vegetable Wrap with Roast Potatoes Broccoli Crushed Swede Cherry Cobbler (made with wholemeal flour) with Custard Roast (as advertised) with Roast Potatoes and Gravy Vegetarian Wellington with Roast Potatoes Shredded Cabbage Carrots Crunchy Plum and Vanilla Crumble with Custard	Main Lamb Shepherds Pie with Gravy Lentil & Sweet Potato Curry with Rice Broccoli & Cauliflower Pear and Raisin Upside down Cake with Custard Beef & Vegetable Hot Pot with Baby New Potatoes Red Pepper and Cheese Frittata with Baby New Potatoes Baked Tomatoes Sweet corn Wholemeal Banana Sponge with Custard Beef Lasagne with Garlic Slice Vegetable Goulash with Rice Roasted Vegetable Medley Carrot and Courgette Pudding with Custard	Main MSC Fishwich in a Bun With Chipped Potatoes, Tomato Sauce Veggie Hot Dog with Chipped Potatoes Grilled Tomatoes Garden Peas Iced Sponge MSC Battered Fish Chipped Potatoes, Tomato Sauce Cheese and Tomato Pizza with Chipped Potatoes Baked Beans Garden Peas Chocolate and Beetroot Brownie MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce Bean and Lentil Burger with Chipped Potatoes Baked Beans Garden Peas Apple Flapjack
30-Jan					
27-Feb					
20-Mar					
Week 3					
16-Jan	Main Beef Burger in a Bun with Baby New Potatoes Vegetable and Bean Cobbler with New Potatoes Carrots Sweet Corn Dessert Pineapple upside down Cake and Custard	Main BBQ Chicken Pizza with Baked Potato Vegetarian Vegetarian Pasta Bolognese Coleslaw Mixed Salad Pear and Ginger Muffin Cake with Custard Turkey and Leek Pie with Creamed Potato & Gravy Lentil and Spinach Curry with Rice Cauliflower Broccoli Chocolate Oaty Square with Chocolate Sauce	Main Roast Chicken & Stuffing with Roast Potatoes and Gravy Spring Vegetable Risotto Cabbage Carrots Trifle Roast Turkey with Roast Potatoes & Gravy Vegetable Wrap with Roast Potatoes Broccoli Crushed Swede Cherry Cobbler (made with wholemeal flour) with Custard Roast (as advertised) with Roast Potatoes and Gravy Vegetarian Wellington with Roast Potatoes Shredded Cabbage Carrots Crunchy Plum and Vanilla Crumble with Custard	Main Lamb Shepherds Pie with Gravy Lentil & Sweet Potato Curry with Rice Broccoli & Cauliflower Pear and Raisin Upside down Cake with Custard Beef & Vegetable Hot Pot with Baby New Potatoes Red Pepper and Cheese Frittata with Baby New Potatoes Baked Tomatoes Sweet corn Wholemeal Banana Sponge with Custard Beef Lasagne with Garlic Slice Vegetable Goulash with Rice Roasted Vegetable Medley Carrot and Courgette Pudding with Custard	Main MSC Fishwich in a Bun With Chipped Potatoes, Tomato Sauce Veggie Hot Dog with Chipped Potatoes Grilled Tomatoes Garden Peas Iced Sponge MSC Battered Fish Chipped Potatoes, Tomato Sauce Cheese and Tomato Pizza with Chipped Potatoes Baked Beans Garden Peas Chocolate and Beetroot Brownie MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce Bean and Lentil Burger with Chipped Potatoes Baked Beans Garden Peas Apple Flapjack
06-Feb					
06-Mar					
27-Mar					



Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt

Available Daily
Available Daily