



Intended outcomes

1. To continue improving the quality of existing PE teaching through staff professional development, to facilitate improvement in pupils' health, skills, and physical literacy; allowing access to a broader range of sports.
2. To develop further opportunities for physical activity and 'active learning' throughout the school day including through routines, cross-curricular opportunities, and in the playground.
3. To promote awareness across the school community that regular participation in physical activity provides immediate and long-term benefits for physical and psychological well-being. Focus particularly on instilling confidence, building self-esteem through growth-mindset thought processes, improving behaviour, and promoting positive attitudes towards learning across the curriculum.
4. To continue to provide teaching staff with suitable training and resources for the effective planning of PE in line with the new National Curriculum via staff meeting and inset days.
5. To further increase participation levels for all pupils in competitive sport internally and externally including girls as well as talented and SEN pupils.
6. To encourage parents to play an active role in supporting a healthy active lifestyle for pupils in the school environment and beyond. To promote making good choices regarding physical activity.
7. To continue to improve the depth and quality of gymnastic teaching through CPD so that pupils can be 'the best that they can be' in terms of performance.
8. To provide further opportunities for pupils to plan, lead, organise, and prepare competitive sport and physical activity exercises within P.E and across the wider school.
9. To introduce a 'School Sports and Physical Activity' committee for pupils to voice ideas and organise new and established active events.

Funding impacts

The school once again achieved the Sainsbury's Silver Award for commitment to and the development of competition, school sport and physical education.

The intended outcomes for 2015-16 were once again aimed towards achieving self-sustaining improvement in the provision and quality of P.E and sport at St. Michael's School. These outcomes are in line with the expectations set out in the new National Curriculum and in the 'Beyond 2012 – outstanding physical education for all' report. In 2015-2016 St. Michael's planned and organised a range of opportunities for pupils and therefore raising the profile of P.E and Sport so that pupils developed an increasing active and healthy lifestyle.

School Action Impact (Following on from those achieved in 2014-15)

The school used P.E Premium funding...

1. **To continue to improve the quality of PE teaching through professional development, so that all pupils improve their health, skills and physical literacy, and have a broader exposure to a range of sports.**
 - (a) Staff have benefitted from the CPD provided over the year and are developing increased confidence in delivering quality P.E across the key stages. This was especially evident in the CPD

provided for gymnastics and tennis. Staff completed an evaluation of their training which highlighted what they learnt and areas for personal development.

- (b) The P.E leader observed improvement in the planning and implementation of lessons especially in KS2. More staff are confident in teaching a greater range of sports and activities. As a result, staff have shared their newly accumulated knowledge and skills with colleagues, thus facilitating a greater depth and range in the teaching of P.E - especially in KS2.
- (c) As a result of the skills and knowledge obtained through attending the 'Healthy and Active Schools' conference, the P.E leader introduced further access to physical activity and for all pupils to understanding its benefits. Each class now has an 'Active Maths' session once a week in the junior hall (see below). 'Skip To Be Fit' carried out a day's skipping workshop where pupils were motivated to improve their scores and fitness. St. Michael's will continue to hold an annual skipping event so that pupils can monitor their improvement year by year.

2-3. To develop further opportunities for physical activity and 'active learning' throughout the school day including through routines, cross-curricular opportunities, and in the playground.

To promote awareness across the school community that regular participation in physical activity provides immediate and long-term benefits for physical and psychological well-being.

- (a) St. Michael's is now fully engaged in acting upon the outcomes of the 'Designed to Move' report in becoming an 'active' school. 'Active 5' is fully cemented into the daily timetable across KS1 and KS2. Teaching staff always seek ways to include movement across the curriculum.
- (b) Once a week each class participates in an 'Active Maths' session whereby pupils access the Maths curriculum through activities they involve constant movement. This has become a very popular part of the timetable for staff and pupils.
- (c) A support staff member is employed daily to provide a wider range of structured physical activity during lunch breaks for KS1-2. Pupils are encouraged to be responsible for managing and organising equipment for playground games of a sporting nature. E.g. football, basketball. Pupils in KS1-2 also have access to a playground Playpod which enables them to be physically active and creative in their play.
- (d) All of these activities have been promoted through the school's newsletter and website.

4. To continue to provide teaching staff with suitable training and resources for the effective planning of PE in line with the new National Curriculum via staff meeting and inset days.

- (a) The P.E leader provided some training and resources to ensure quality and effective planning for P.E especially for games and gymnastics. This will continue into 2016-17.
- (b) The school has increasingly placed an emphasis on developing independence within P.E planning. Pupils are increasingly being encouraged to become responsible for their own development. More pupils are leading, managing and officiating aspects of the curriculum. This is particularly encouraged within intra-school competitions.
- (c) Staff have been provided with adapted good practice documentation for the teaching of 'outstanding' P.E as set out by OFSTED. The results of this will be measured in 2016-17 through lesson observations.

5. To further increase participation levels for all pupils in competitive sport internally and externally including girls and talented and SEN pupils.

(a) St. Michael's continued to create opportunities for competitive sport for all pupils, building on from those carried out in 2014-2015. This enabled the school to achieve the Sainsbury's Silver Quality Award once again for its commitment, engagement, and delivery of competitive sport. St. Michael's aims to achieve the Sainsbury Gold award by 2017-18. In working towards this achievement, the school used funds to organise additional competitive opportunities for pupils of a range of abilities and backgrounds. This included:

- Increasing opportunities for 'A' 'B' 'C' and 'D' teams to compete against children of similar ability within inter-house competitions and/or against teams from local schools. The school works with Highgate School to develop opportunities and in 2015-16 there were opportunities available for pupils of all abilities at junior level to compete in football, athletics and Kwik Cricket. The school also held friendly competitive events with Heathside School for all pupils in Year 3-6 regardless of ability. These events are to become a regular part of the school calendar year.
- St. Michael's now regularly competes at a monthly football event for boys and girls organised by Total Control Football at Whitefield School. Pupils of all abilities are able to attend over the year.
- Girls now have significantly more access to competitive sport. The intra-house events included some girl only events and the new Girls' Sport Club has grown in numbers providing a gateway to competitive inter-level sport. This remains an area for further development.
- Junior Sports Day is as always accessible to all pupils and now includes a 'Paralympic' sports station where pupils of all abilities access a fun and 'disability' competitive game such as 'Boccia'.
- More pupils attend sporting clubs. The school's extra-curricular timetable provides opportunity within and outside the school term. Pupils are able to attend tag rugby, cricket, football, fencing, dance, gymnastics, yoga, tennis and netball clubs. Girls in Year 5 and 6 attend a weekly sports club designed to develop skills outside of the curriculum and provide opportunity for further participation in competitive sport.

6. To encourage parents to play an active role in supporting a healthy active lifestyle for pupils in the school environment and beyond. To promote making good choices regarding physical activity.

Parents are increasingly aware of how important it is to provide their child with an active lifestyle. More parents are actively engaged in increasing their child's membership of sporting clubs in and outside of school hours. Furthermore, more parents are involved in assisting pupils in accessing sporting competitions across the borough. Several parents support and attend the Super 7 House Tournament. The school is to implement further strategies that encourage more parents to play a more active role in 2017 and beyond.

7. To continue to improve the depth and quality of gymnastic teaching through CPD so that pupils can be 'the best that they can be' in terms of performance.

St. Michael's continued to monitor teaching competency in the teaching of gymnastics. Funds were allocated for some staff to receive training by external coaches as stated in Section 1. These staff gained skills and confidence in teaching gymnastics and are sharing new found knowledge with colleagues in the school's development towards a sustainable culture which includes regular quality gymnastic teaching. They also developed an understanding and awareness of the health and safety aspects associated with gymnastics. The P.E leader is to provide further CPD and resources in 2017-18 in its aim towards establishing a sustainable ethos for quality gymnastics.

- 8. To provide further opportunities for pupils to plan, lead, organise, and prepare competitive sport and physical activity exercises within P.E and across the wider school.**
- 9. To introduce a 'School Sports and Physical Activity' committee for pupils to voice ideas and organise new and established active events.**

The St. Michael's 'School Sport and Physical Activity' committee was introduced informally with regular meetings to discuss and act upon sport and physical activity across the school.

- Some Year 5 and 6 Sports Leaders met with the P.E leader to organise intra and inter-level sports regularly. These meetings provided opportunities for the pupils to share ideas for sport and physical activity throughout the school.
- Sports Leaders organised and prepare sporting events and physical exercises. In 2015-16 they planned, led, and organised the 'Sports Relief' Challenge of running a mile for charity as well as organise the 'Race for Life' sponsored event raising money for Cancer Research UK as part of the school's now established Super 7 House League system. The group established that it is keen to include at least two intra-school events that raise money for charity.
- The Sports Leaders also planned, led and organised the 'All Sorts of Sports Day' for the infant pupils as well as the Year 5 and 6 Super 7 House Tournament with minimal support from teaching staff. They also supported teachers in the organisation and management of house tournaments for Years 3-5.
- St. Michael's vision is to continue to meet and extend upon the requirement that 20% of pupils to be involved in leading, managing, and officiating significant school games activities. In 2016-17 teaching staff will include regular opportunities within P.E units of work, whilst each year group will be responsible for the organisation of its own Super 7 House Tournament. This annual and sustainable event will ensure that all pupils become responsible at different levels in the organisation of at least one competitive event.

NB: See 2016-17 P.E Premium Statement of Intent for provision of next steps.