



In partnership with



Licence no. FF20512

Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main meal</b>	Spaghetti Bolognaise	<b>Pizza Day</b> Cajun Chicken Pizza - Spinach & mushroom Pizza - Tuna & Tomato Pizza. With Potato Wedges Mixed Salad Baked Beans	Roasted Beef with Gravy, Yorkshire pudding & Roast Potatoes	Turkey  & Vegetable Paella	Msc Fishwich in a bun with Mixed Salad
<b>Vegetarian Option</b>	Vegetarian Pasta Bolognaise		Quorn & Vegetable Korma with Rice	Spanish Style Omelette with Red Peppers & New Potatoes	Courgette & Red Bean Chilli
<b>Vegetables</b>	Green Salad Sweet Corn Broccoli		Sautéed Savoy Cabbage Carrots	Mixed Leaves Courgettes	Chips Peas Baked Tomatoes
<b>Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, &amp; Carrot.</b> <b>Look out also for our "Salad Special" of the Day</b>					
<b>Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans</b>					
<b>Dessert</b>	Fruit Smoothie Dessert Fruit Yoghurt Fresh Fruit Platter	Apricot Flan (made with organic whole meal & plain flour mix) with Custard Yoghurt Fresh Fruit Salad	Fruit Jelly with Ice Cream Yoghurt Fresh Fruit Platter	Apple Crumble (made with organic whole meal & plain flour mix) & Custard Yoghurt Fresh Fruit Salad	Banana Toffee Pudding Yoghurt Fresh Fruit Platter
<b>Custard Served as an Accompaniment to All Hot Desserts</b>					
<b>Daily Additions</b>	Water Brown Bread Selection	Water Organic Brown Bread Selection	Water Brown Bread Selection	Water Brown Bread Selection	Water Brown Bread Selection
<b>Oily Fish</b> <b>Locally sourced ingredient when in season and available</b>					

Marine Stewardship Council Details

Web Site. [www.msc.org](http://www.msc.org) Chain of Custody Registration Code MML-C-1009