



In partnership with



Licence no. FF20512

Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	MSC Salmon & Vegetable Pasta	Turkey in Sweet Pepper & Tomato Sauce with Steamed rice	Meaty Lasagne	Meat Sausages or Vegetarian Sausages with Mashed Potatoes & Onion Gravy	MSC Fillet Fish Fingers
Vegetarian Option	Chick Pea & Grilled Vegetable Biriyani	Spiced Vegetable & Red Lentil Cakes with Tomato Salsa & Baked new Potatoes	Mushroom, Lentil & Spinach Lasagne	Potatoes & Onion Gravy	Broccoli & Cheese Flan <small>(made with organic whole meal & plain flour mix)</small>
Vegetables	Broccoli Salad	Cabbage Sweet Corn	Garlic Bread Carrots Green Beans	Carrots Sweetcorn	Peas Chips
Daily Salad Selection of Lettuce, Tomato, Cucumber, Beetroot, Sweetcorn, Coleslaw, & Carrot. Look out also for our "Salad Special" of the Day					
Freshly Cooked each day - Jacket Potatoes with Grated Cheddar, Tuna Mayonnaise or Baked Beans					
Dessert	Chocolate Sponge & Chocolate Sauce Yogurt Fresh Fruit Platter Salad	Fruit Trifle Yogurt Fresh Fruit Salad	Mixed Berry Pie with Ice cream with Fresh Platter Salad	Apple Crumble with Custard <small>(made with organic whole meal & plain flour mix)</small> Yogurt Fresh Fruit Salad	Rice Pudding with Pineapple Yogurt Fresh Fruit Platter Salad
Custard Served as an Accompaniment to All Hot Desserts					
Daily Additions	Water Brown Bread Selection	Water Brown Bread Selection	Water Brown Bread Selection	Water Brown Organic Bread Selection	Water Brown Bread Selection
Locally sourced ingredient when in season and available					

Marine Stewardship Council Details

Web Site. www.msc.org Chain of Custody Registration Code MML-C-1009